

"We are what we repeatedly do. Excellence then, is not an act, but a habit"- Aristotle

Shadowmatch[®]
Match & move your  to success



Dear Shadowmatch Community Member,

We invite you to join our social network on Twitter, Facebook and blogspot. Follow the link at the bottom of the page to become a follower.

Shadowmatch Dynamics!

Many of our clients are successfully using Shadowmatch for recruitment purposes. Certain clients have started with an extensive roll-out of the Personal Development Programmes and this proves to be a huge value add, not only for the individual completing the programme, but also for the direct team, division and business as a whole. Besides recruitment and development, Shadowmatch has many other successful applications. It can be used for team building, identification of talent, identification of leaders, leadership development and succession planning...

By Lizette Bester

[Go to our blog to read more.](#)



How Long to Form a Habit?

Research reveals a curved relationship between practice and automaticity. SAY you want to create a new habit, whether it's taking more exercise, eating more healthily or writing a blog post every day, how often does it need to be performed before it no longer requires Herculean self-control?...

By Jeremy Dean.

www.spring.org.uk/2009/09/how-long-to-form-a-habit



Snippets

We have appointed a dedicated Customer Liaison Officer: **Michelle de Villiers**. You can contact her for any Shadowmatch related queries. Tel: 012 665 1902, E-mail: michelle@shadowmatch.co.za

Shadowmatch is expanding into schools. This is exciting and proves to be valuable for teachers, learners and parents.

You can look forward to a comprehensive personal feedback report being launched on the Shadowmatch system later this year.

Shadowmatch is being used by the golf team of Stanford University in the US.

Did you know that our youngest person on the Shadowmatch database is only 13?



"Shadowmatch has become a necessity in MGK's HR processes. Not only is it used as an effective tool for recruitment purposes but it is also applied to career and leadership development of our people. We value our culture and Shadowmatch enables us to ensure the best possible culture and attitude match is made. In our feedback sessions, we realized that Shadowmatch positively adds value on other levels as well, because people were motivated by the discussions concerning their worksheets and positive traits were highlighted. "

-Charissa de Jager, MGK Operating Company, Human Resource Manager.

Contact us

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